



HENTIKAN KEGANASAN RUMAN TANGGA



Definisi

Corak tingkah-laku di dalam sesuatu perhubungan yang digunakan untuk **MEMPEROLEH ATAU MENGEKALKAN PENGARUH KUASA DAN KAWALAN**

terhadap pasangan yang sedang atau pernah terlibat dalam hubungan intim.

Siapa yang boleh menjadi mangsa?

Sesiapa sahaja boleh menjadi mangsa keganasan rumah tangga tanpa mengira umur, bangsa, jantina, orientasi seksual, kepercayaan atau kelas.

Statistik

Dari Mac 2020 hingga Ogos 2021, sebanyak 9,015 kes keganasan rumah tangga telah direkodkan, namun masih banyak lagi kes yang tidak dilaporkan kerana stigma dan kurang pengetahuan.

Kitaran Penderaan

Tahap Ketegangan Meningkat

Pasangan yang mendera berasa tegang kerana faktor luaran & menjadi teruk dari semasa ke semasa. Orang yang berisiko didera berasa bimbang untuk tidak menimbulkan kemarahan pasangannya.



Insiden

Mereka akan menggunakan tingkah laku yang kasar untuk melepaskan ketegangan bagi membantu mereka berasa seolah-olah mereka mempunyai kuasa dan kawalan semula.



Pendaimaian

Selepas seketika, pendera akan cuba membetulkan keadaan dengan meminta maaf, memberikan hadiah dan bersikap terlalu baik dan penyayang.



Tenang

Justifikasi atau penjelasan dibuat untuk membantu kedua-dua pihak menerima alasan punca kekasaran tersebut berlaku.



Roda Kuasa & Kawalan

Corak tindakan yang digunakan oleh individu untuk mengawal atau menguasai pasangannya dengan sengaja.



Do you know we have a law against domestic violence?

Domestic violence victims can seek protection under the
Domestic Violence Act 1994

How to get help?

1. GO TO THE "ONE STOP CRISIS CENTRE" (OSCC) AT GOVERNMENT HOSPITALS

Victim can get medical treatment from OSCC which is located at government hospitals. You can make a police report if you want and not compulsory to make a report to get treatment. Other services in OSCC are access police protection, shelter, legal advice, and counselling via the Medical Social Worker or Social Welfare Officer.

You must **bring along your I/C** and all treatments are **FREE**.

2. OBTAIN AN 'EMERGENCY PROTECTION ORDER' FROM THE SOCIAL WELFARE DEPARTMENT (JKM)

If you need protection urgently, you can obtain EPO from the social welfare officer (JKM) without making police report or having going to the court. An EPO will only be valid for 7 days. You can contact Talian Nur (15999) which open 24 hours or go to the nearest JKM office.

You must **bring along your I/C**

3. OBTAIN AN 'INTERIM PROTECTION ORDER' FROM THE POLICE STATION

You must make a police report and write down the details of the abuse:

- **WHEN** did the abuse happen? • **WHO** is the abuser?
- **WHERE** did the abuse happen? • **HOW** did it happen?
- **WHY** did you make a report? (If you don't want to press charges but would like to document the incident, you can make a "cover report" instead of an "action report".)

When you make the police report, you can state that you want an IPO. IPO also covers your family member, such as children. Then you have to go nearest JKM with the police report, I/C. The welfare officer will accompany you to the court to apply an IPO. IPO is only valid during the police investigation. Once the case is charged, you will need to apply for Protection Order

Get help from

TALIAN NUR

15999 [24 hours]

WOMEN'S AID ORGANISATION

<https://wao.org.my/>

WAO Hotline: +603-3000 8858 (24 hours) or
WhatsApp TINA at +60-18 9888 058 (24 hours)

WOMEN'S CENTRE FOR CHANGE PENANG (WCC)

www.wccpenang.org

04-228 0342/011-3108 4001

ALL WOMEN ACTION SOCIETY [AWAM]

<https://www.awam.org.my/>

Telenita Helpline: +60 16-237 4221
/+60 16-228 4221 [9.30am - 5.30pm]

BEFRIENDERS

<https://www.befrienders.org.my/>

03-76272929 [24 hours]

LOVE DOES NOT HURT



LOVE IS RESPECT